

CONCORD COMMUNITY CONNECTIONS

Don't forget...February 1st is an early release day for students-
12:00 dismissal



Each year prior to Winter break, Concord Middle School students are treated to an afternoon of social activities and the much anticipated Fruit Buffet. This year students had an 18' long Fruit Buffet with every local and exotic fruit imaginable. This event is a great way to introduce students to foods that are healthy, yummy, and new to them. Fun was had by all!

Congrats to Grades 3-5

Grades 3-5 participated in a St. Jude Math-a-thon and they raised \$866.06! Way to go!!!!

Winter Activities

Kindergarten, First, and Second grades have begun winter activities! This year the students are participating in one of three activities: gymnastics at Kingdom Gymnastics, bowling at Gold Crown Lanes, swimming at The Academy Field House. The first week of activities went very well, the students had a great time and are very excited for Thursday to come!

A Note from the Nurse...A new year, a fresh start

Evaluate your relationships: is there Respect? Honesty? Trust? Clear communication? Safe and healthy boundaries? Equality?

Creating and maintaining a healthy relationship involves the **ABCs**:

Awareness-respect, boundaries, knowledge, recognize danger and consequences.

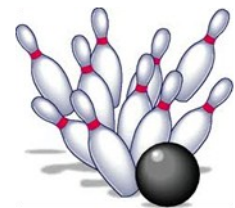
Balance-communication, valued opinions, not “smothered ” or “isolated ” from friends/family, being in synch without one having power/control.

Choices-discuss and determine next steps and direction of relationship, in control of actions and decisions without pressure.

PE News

Concord Bowling Club for Students in Grades 8th-12th

Any students that are interested in joining an after school bowling league, please sign up with Mr. Gallagher or your homeroom teacher.



Jump Rope for Heart

Students in grades K-8 will be participating in Jump Rope for Heart in late March / early April.

What Is Jump Rope For Heart? It 's a rope-jumping special event program. It promotes community service by raising funds to support lifesaving heart and stroke research and educational programs while teaching physical fitness. More information to follow, as the date gets closer!

